

Register Now!

Gaps, Barriers and Solutions for Reducing Mental Health Disparities for Latinos

Thursday, September 29, 2016



Keynote Speaker:

Supervisor Michael D. Antonovich

Los Angeles County Board of Supervisors



Plenary Presenters:

Alex Kopelowicz, MD

Chief of Psychiatry at Olive View-UCLA Medical Center



Matthew R. Mock, PhD

Professor, College of Graduate and Professional Studies
Counseling Psychology, John F. Kennedy University



Special Guest Speaker

Don Miguel Ruiz, Jr

Author of "The Mastery of Self," "Five Levels of Attachment"
and "Living a Life of Awareness"



Presented by:

Hilton Los Angeles/San Gabriel
225 West Valley Blvd.
San Gabriel, CA 91776



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NAMI

National Alliance on Mental Illness

**Los Angeles
County Council**

Gaps, Barriers and Solutions for Reducing Mental Health Disparities for Latinos

About the Conference

The purpose of the Conference is to provide participants with the most innovative information and modules that are currently being implemented in the community as best practices, as well as community defined evidence-based practices. The presentations will be structured to demonstrate how some of these practices have been effective in addressing cultural disparities. This conference will discuss solutions that allow providers the flexibility of addressing the inequalities and help them to provide services that are culturally, and linguistically relevant within the Latino Community.

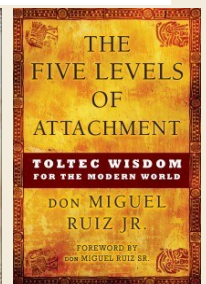
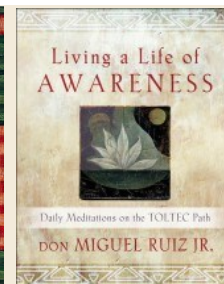
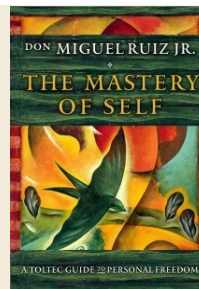
Program at a Glance

7:15-8:30 am	Registration/Continental Breakfast
8:30-9:00 am	Welcome/Opening Remarks
9:00-9:15 am	Keynote Address
9:15-10:30 am	Plenary Presenter
10:30-10:45 am	Break
10:45 am-12:15 pm	Session A: Concurrent Presentations
12:15-1:15 pm	Hosted Lunch
1:15- 2:30 pm	Plenary Presenter
2:30-2:45 pm	Break
2:45 -4:15 pm	Session B: Concurrent Presentations
4:15 pm	Adjourn



Get yours signed!
See details below

Special Guest Speaker *Don Miguel Ruiz, Jr*



When he was only 14 years old, don Miguel Ruiz Jr. apprenticed to his father don Miguel Sr. and his grandmother, Madre Sarita, to learn how to they manifested their intent to heal people, both physically and spiritually. When he reached his mid-20s, after 10 years of apprenticeship, his father intensified his training. This training culminated one day when don Miguel Ruiz Sr. sent his eldest son out in the world, saying, "Find your way out. Go home and master death by becoming alive."

For the past six years, don Miguel Jr. has applied the lessons learned from his father and grandmother to define and enjoy his own personal freedom while achieving peace with all of creation. As a Nagual, Miguel Jr. is finally ready to pass along the wisdom and the tools of his family's traditions.

Along with his father, don Miguel Ruiz Sr., and brother, don Jose Ruiz, don Miguel Jr. leads workshops, retreats and power journeys to help others to achieve their own personal freedom and optimal physical and spiritual health. He also hosts a successful weekly internet radio show, "The Way of the Desert."

"The Mastery of Self" and **"The Five Levels of Attachment"** will be available for purchase at the conference, copies will be limited.

Books also available for purchase online or at any major book store.

Concurrent Presentations

Please prioritize the workshops that you would like to attend by indicating your first and second choice for each session on the registration form or when registering at mypcti.org

Session A: 10:45 am to 12:15 pm

1. The Cultural Understanding of the Female Body, with Ancestral Traditions

Tonita Gonzales, Traditional Healer

Curandera, Sobadora, Yerbera, Temazcalera, New Mexico

Rita Navarette Perez, Traditional Healer

Curandera, Temazcalera, Sobadora, Consejera, Yerbera, Nutricionista, Quiropraxia, Motivational Speaker

2. Working Effectively to Engage and Connect with Hispanics/Latinos

Mr. Victor Flores MC, LAC

Consultant

3. Effecting the Capstone of the Treatment Process: Building a Culturally Informed, Individual Services and Support Plan with CLAS

Luis A. Tovar, MPA

Ethnic Services Manager, Ventura County Behavioral Health

Salvador Manzo, LCSW

Manager Office of Health Equity and Training, Ventura County Behavioral Health

4. Achieving Behavioral Health Wellness in Education: Latino Students' Perspectives on School-Based Mental Health Services and Treatment

Gustavo Loera, EdD

Independent Consultant

5. Strategies to Overcome Mental Health Stigma in Health Care providers: A Case Report

Clifford Gimenez-Querol, MD

Psychiatry-Psychosomatic Medicine, Kaiser Permanente Woodland Hills Medical Center

6. Shame, Stigma and Spirituality: The Journey of Our LGBTQ Community

Richard Zaldivar, CEO

Executive Director/Founder, The Wall-Las Memorias Project

7. Suicide Prevention Training - Question, Persuade and Refer (QPR)

Haydeh Fakhrabadi, PsyD

Clinical Psychologist II

Los Angeles County – Department of Mental Health

Older Adult System of Care Bureau

Mireya Segura, LCSW

Psychiatric Social Worker II

Los Angeles County Dept. of Mental Health

Older Adult System of Care Bureau

Partners in Suicide Prevention

Concurrent Presentations

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Hosted Lunch

Ballroom AB: 12:15 to 1:15 pm

Session B: 2:45 to 4:15 pm

1. A Healing Promise; Applications of the Sun Stone for Wellness and Health

Jorge Partida, PsyD

Clinical Director and Director of Family Treatment at Acadia Malibu

Published Author and International Speaker

2. Delivering Mental Health Services Without Walls to Latinos

Ricardo Mendoza, MD

Chief Mental Health Psychiatrist, LACDMH

Professor of Psychiatry

David Geffen School of Medicine at University of California Los Angeles UCLA

3. LGBTQI2S Issues in the Latino Community

Marta A. Alquijay, PhD

Independent Consultant

4. Mental Health vs. Medical Health: Bridging the Gap and Dispelling Myths for Patients in the Latino Community

Luis M. Sandoval, MD, MPH

Diplomat American Board of Family Medicine

Diplomat American Board of Psychiatry and Neurology

Southern California Permanente Medical Group - Department of Psychiatry

Member of Bio-ethics Committee Kaiser Permanente Orange County

Consultant and Speaker for Community Programs for Mental Health

5. The Role and Impact of Mental Health on Latinos At Risk For and Living with HIV

Mario J. Pérez, MPH

Director, Los Angeles County Department of Public Health

6. Come Get Some CLAS!: A Road Map for Reducing Disparities for Latino/a Communities - Cultural & Linguistically Appropriate Services

Rachel Guerrero, LCSW

Independent Consultant

2016 LATINO MENTAL HEALTH AND PHYSICAL HEALTH CONFERENCE

Gaps, Barriers and Solutions for Reducing Mental Health Disparities for Latinos

Thursday, September 29, 2016

To register go to www.mypcti.org

Early Bird Registration July 1-31, 2016 @\$80

Fee is \$90, On-site \$95 (lunch and parking is included)

Space is limited, so please register early.

Credit cards accepted (Visa, MC, AMEX and Discover) or make check payable to **Pacific Clinics** and mail c/o Blanca Padilla
9829 Carmenita Road, Suite H, Whittier, CA 90605-3262

For more information: email Bpadilla@pacificclinics.org
OR call (562) 907-7429

Written request for refunds must be postmarked by Friday, September 23, 2016. No requests postmarked after that date will be honored. **Substitution attendance may be arranged.**

Continuing Education Credits

Pacific Clinics is approved by the American Psychological Association to sponsor continuing education for psychologists. Pacific Clinics maintains responsibility for the program and its content.

This conference is under review for approval of continuing education credits for Psychologists, LCSWs, MFTs, RNs, Drug and Alcohol Counselors (CCAPP-EI) and CAADE. Information regarding the availability of CE's for this conference will be available prior to conference registration deadline. Please go to www.mypcti.org for full provider information.

PLEASE PRINT CLEARLY

☐ Pacific Clinics Staff: **Register at MYPCTI.org** ☐ Regular Registration \$90 ☐ Early Bird \$80

Name: _____ E-Mail Address: _____

Please print clearly to receive confirmation

Phone: _____ License #: _____ ☐ LCSW/MFT ☐ LPT ☐ PhD/PsyD ☐ RN ☐ Other

Organization: _____

Address: _____ City: _____ State: _____ ZIP: _____

Lunch option: ☐ Regular ☐ Vegetarian

WORKSHOP CHOICE:

Please indicate by writing workshop # below

Session A

Option one: _____

Option two: _____

Session B

Option one: _____

Option two: _____

Conference Location

Hilton Los Angeles/San Gabriel

225 West Valley Blvd, San Gabriel, CA 91776
(626) 270-2700

Directions: From the eastbound or westbound 10 Freeway, take Del Mar north (towards San Gabriel) to Valley Blvd, turn left to 225 West Valley Blvd. Self-parking fee is included for underground parking.

A block of rooms have been reserved for this conference. Single rate \$169 and Double \$179. Please provide group code **CPCS**. The cut off date for this special rate is Monday, August 29, 2016. Call the above number to make a reservation.

Front cover artwork by: **Blanca**

